## Ecomarathon means a better environment for all, better fun for the Runners!



## Todabashi Eco Marathon



## Almost 100 percent flat course and Beginner friendly



Date: Sunday, April 7, 2024

Events:

Full, Half Marathon, 10km, Parent and Child Fun Run 5km (3k and 1k also possible)

Start: 11:00AM (all events start at the same time)

Time limit: 300 minutes (full), 180 minutes (half), 90 minutes (10 km) Times posted on the official website are up to 270 minutes, 150 minutes, and 75 minutes. (Beginner friendly)

Course: starts outside the stadium and runs along the Todabashi promenade.

Valuables: Please manage your valuables by yourself. Blue sheets will be provided as a place to store your luggage. In case of rain, please bring your own 45 liter garbage bag.

Participation fee (early bird discount): Full: 3,700 yen, Half: 3,200 yen, 10 km: 2,700 yen, 5/3/1 km: 2,500 yen (including insurance fee) Veteran discount of 200 yen off for those over 65 years old Rates are different from the PayPal rates of this page, please pay by bank transfer or at your school/club.



Eco Marathon Ambassador Adventure Runner Katzhiko Takashige



We use bicycles and solar power wherever possible, reuse our number cards and chips, and regularly donate to charity.

